



*Nearly all people die of their medicines, and not of their illnesses.*

—MOLIÈRE, FRENCH WRITER (1622–1673)



## Chapter 1 Outline *The Politics of Medicine and the Nature of Health*

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*Its name is Public Opinion. It is held in reverence.  
It settles everything. Some think it is the voice of God. Loyalty to  
petrified opinion never yet broke a chain or freed a human soul.*  
—MARK TWAIN, AMERICAN WRITER, CRITIC AND HUMORIST (1835–1910)



## Chapter 2 Outline

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*Until a man duplicates a blade of grass, nature can laugh at his so-called scientific knowledge. Remedies from chemicals will never stand in favorable comparison with the products of nature, the living cell of a plant, the final result of the rays of the sun, the mother of all life.*

—THOMAS ALVA EDISON, AMERICAN INVENTOR (1847–1931)



## Chapter 3 Outline Complementary Therapies

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*Unless we put medical freedom in the Constitution, the time will come when medicine will organize itself into an undercover dictatorship to restrict the art of healing to one class of [people] and deny equal privileges to others.*

—BENJAMIN RUSH, A SIGNER OF THE DECLARATION OF INDEPENDENCE



## **Chapter 4 Outline**

### **All About Frequency Devices and Rife Sessions**

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- Q. What if something is blocking the light?..... 341
- Q. I have been warned about X-rays and other radiation coming from the plasma light tube. Is this a legitimate concern?..... 342
- Q. Can I be harmed by the radio frequency (RF) emitted by a device? Some manufacturers claim that RF is necessary while others claim that it's dangerous, so I'm confused..... 342
- Q. Different machines use different RF carrier waves. Which one is the best?. 344
- Q. I have an electrode (pad) unit. Where should I place the electrodes?..... 344
- Q. Sometimes when I use the electrodes, I get skin rashes. What should I do?.... 344

- Q. Can I use an electrode and light tube device at the same time? ..... 345
- Q. I've heard that plasma light devices work better than electrode devices. Is this true? Is one style of machine better than another?..... 345
- Q. My machine doesn't allow me to program real frequencies into it. Instead, it uses code numbers that correspond to pre-programmed channels. I look up the condition I want to address in the operator's manual, and then enter its matching code number into the machine. But I don't know what frequency I'm getting. Does this matter? ..... 360
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*Some patients, though conscious that their condition is perilous, recover their health simply through their contentment with the goodness of the physician.*

— HIPPOCRATES, “FATHER OF MEDICINE” GREEK PHYSICIAN (460–400 BC)



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*Slowly an apprehension of the intimate, usable power of God is growing among us, and a growing recognition of the only worthwhile application of that power—in the improvement of the world.*

—CHARLOTTE PERKINS GILMAN,

UNITED STATES WRITER, POET, LECTURER, SOCIAL CRITIC AND ACTIVIST (1860–1935)



## **Chapter 6 Outline** **Creating a Better World, Inside and Out**

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Note: Not every microbe and disease in Chapter 5 (the Frequency Directory) is included here, as Chapter 5 is in itself an annotated index. However, this index does contain all of the primary (overview) categories in Chapter 5, as well as many health conditions listed in sub-headings. For a complete directory of diseases, along with their frequencies, see Chapter 5.

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